

## **PRE-SEDATION PATIENT INSTRUCTIONS**

*For the safe treatment of the patient, the following pre-sedation instructions must be followed very carefully.*

### FOOD AND BEVERAGES

- It is essential that the stomach be empty at the time of the sedation appointment.
- Do not eat any solid foods within 6 hours of the sedation appointment.
- Do not drink anything, even water, for at least 3 hours before the sedation appointment.
- Do not drink any alcohol prior to treatment.

### MEDICATIONS

- It is essential to discuss with your dentist whether or not you should take medication(s) you otherwise take on a regular basis

### CLOTHING / CONTACT LENSES

- Wear loose casual clothing for the appointment (e.g., short sleeve tee shirt). Female patients should wear slacks.

### SMOKING

- Refrain from smoking prior to treatment.

### TRANSPORTATION

- Under no conditions can you drive yourself home. A responsible adult (excluding a taxicab driver) must pick you up after the appointment and accompany you home.
- Public transportation is not recommended.

### CHANGE IN HEALTH STATUS

- If your general health deteriorates (e.g., cold, cough, fever, etc.), contact the dental office prior to the day of the appointment. If in doubt, please phone the office to discuss the change in health status.

*If you have any questions, please do not hesitate to ask them. It is important that you understand the circumstances surrounding this treatment.*