

## **POST-SEDATION INSTRUCTIONS**

*Following sedation, 24 hours may be required for the full effects of the drugs to wear off. During this period, it is essential that you follow these instructions.*

### DISCHARGE FROM OFFICE

- The patient must be discharged into the care of a responsible adult who can accompany him/her home.
- Arrangements should be made to have a responsible adult remain with the patient for the balance of the day and during the night.

### TRANSPORTATION FROM OFFICE

- Private automobile is preferred. Public transportation is not recommended.

### FOOD AND BEVERAGES

- Clear liquids are advised for at least 6 hours and, after that, diet as tolerated.
- Do not drink alcohol in any form for 24 hours.

### MEDICATIONS

- Resume normal medication as directed by physician after appointment.

### ACTIVITY RESTRICTIONS

- Do not operate motor vehicles, boats, power tools or machinery for 24 hours, or longer if drowsiness or dizziness persists.
- Do not operate an aircraft for at least 48 hours following minimal or moderate sedation
- Do not sign or enter into any legal contract for at least 24 hours.

### PROBLEMS

- If you experience any acute pain, heavy bleeding from the surgical site, respiratory problems, or any other post-operative problem, please notify the dental office.